

**CONNECTFUTURES  
HAS TRAINED 146,000  
YOUNG PEOPLE, 42,300  
STUDENTS AND 26,700  
ADULTS**



**connectfutures**

Creating Change Together

Format | 90 minutes | £390.00  
inc.VAT

## Professionals Programmes

### Workshop | Safety Planning Interventions

Developed with Sean Monaghan, Team Manager, Hospital-Based Violence Interruption Services, Birmingham

#### Who?

For **teachers, youth workers and other frontline professionals** actively working to safeguard young and/or vulnerable people

#### What?

An **interactive, practical workshop** to provide the conceptual and practical tools required to develop safety planning interventions (SPIs) for students, young clients and/or vulnerable people. SPIs are a practical and **powerful immediate tool** that can be used to safeguard in the wake of trauma and danger, while other longer-term safeguarding processes are set in motion.

Co-created with the victim, SPIs work effectively for on-the-ground, trusted professionals, who are already working with young people at risk of extra-familial harm. A method to develop physical, emotional and geographical plans to keep a person safe, SPIs build on a professional's abilities to safeguard young people already in their care and crucially **provide a sense of empowerment** to that young person, who may otherwise feel powerless and retraumatised in their victimisation. By utilising a comprehensive and co-written SPI, a professional can **support the young person to understand what to do**, where to go, or who to call, should they feel they are in danger again, **reducing the likelihood of further harm**.

Timely interventions, delivered by already-trusted professionals in times of crisis for a young person, enable a young person to access a safer, more positive future. While youth workers and educators raise their concerns through a safeguarding referral into Children's Services, by utilising SPI skills, they can also **play a key role in ensuring the immediate safety** of that young person, while also building on the framework of **contextual safeguarding**.

#### For professionals developing SPIs, outcomes of an SPI for young clients include:

- Understanding and learning to reduce the risks they face
- Identify safe adults who can help and when to call the police
- Avoid places that are unsafe and plan safe places to go to
- Identify feelings of danger and remember what to do in an emergency

- Introduction to safety planning interventions (SPIs)
- Connections to Contextual Safeguarding concepts
- Examples of SPIs for extra-familial harm
- Using case studies in a workshop style format, support delegates to write their own
- Provide a package of referral, and signposting to agencies and organisations who can support locally
- **Delivery options:** Face to face and/or online interactive webinars (platform flexible)

Resources: Slides, activities, presentation materials, access to free online portal for staff post delivery with certificate

